The Minds of Billy Milligan
Book Sharing by Longan Lai 5E

Good morning everyone! I’m Longan from 5E. Today, I want to share a book with all of you. Have you heard the name Billy Milligan? Do you know what multiple personality is? Let me tell you.

“The Minds of Billy Milligan” was written by Daniel Jeyes. The whole story is true. It’s about a man, named Billy who raped two women and was freed from trial because he had 24 individual personalities.

At first, he didn’t understand his mind clearly, until one day, some psychological experts started curing his problems. The reason for this situation was that Billy’s family was not so joyful. He was sexually abused by his stepfather. I think that is the main reason for his problems. The experts discovered that there were 24 characters in his mind, and every personality had their own feelings and style.

Perhaps, some people would think this is the reason that Billy became so famous in the world. It’s because he was acquitted of his crimes by reason of insanity due to multiple personalities. It was the first such court decision in history, and it brought to public light the most remarkable and harrowing case of multiple personality disorder ever recorded. It’s interesting, right?

As I have told you, there were 24 personalities in Billy’s mind. In fact, it included characters known as “The ten”, “the teacher” and “the undesirable”. When Billy was questioned by experts, they would each come to life. My favourite character in the story is called Allen, an 18 year old boy. A manipulator, he is the one who most often deals with outsiders. He paints portraits very well. I have even seen his art work. It’s really great!!! (Take out Billy’s art work) He is David and she is Alana. They are Billy’s personalities. Also, I think Allen never escapes from reality. When he gets into some situation, he always finds a solution. That’s why I really admire Allen.

After reading this book, I considered the influence of family. It can give children a happy environment to grow up. In contrast, it can also allow a child be hurt by their parents. Billy is a good example. He was bullied and sexually abused by his stepfather, thus, there were lots of shadows in his mind.

I have become more positive after reading this book, and I’m extremely glad that I can grow up in a family which is filled with love and care.

Finally, I am sure that other students would love this fantastic story and could learn something from it.